

LIONS GATE RACE RESULTS April 2006 to April 2007

Name	Chip Time	Gun Time	Place	Division	Overall		
SPRING AHEAD HALF MARATHON 1 Apr 2007, Mission (117 finishers.)						Masters Std.	
Andy Ito	1:28:48	1:28:53	3rd	30-34	8th		
MERVILLE 15K, 1 Apr 2007, Merville, Vanc Isl. (296 finishers.)						Masters Std.	
Stephanie Keane		1:08:31	3rd	30-34	80th		
APRIL FOOLS HALF MARATHON 1 Apr 2007, Gibsons (415 finishers.)						Masters Std.	
Willi Ribi	1:33:51	1:33:53	4th	50-54	39th		
Mark Hyder	1:36:12	1:36:12	6th	50-54	51st		
BIRCH BAY 15K 31 March 2007, Birch Bay WA (125 finishers.)						Masters Std.	
Rene McKibbin		1:02:12	1st	35-39	3rd		
Christine Blanchette		1:08:18	1st	40-44	13th		
SPRING CLASSIC 5K 30 March 2007, Vancouver (199 finishers.)						Masters Std.	
Darryl Whitney		0:16:54	6th	20-34	9th		
Jin Swadling		0:17:56	1st	60-64	23rd	<i>Gold</i>	
Daniel Ribi		0:19:42	4th	0-19	45th		
Josh Tanner		0:20:02	14th	20-34	51st		
Robert Haines		0:20:44	5th	55-59	65th	<i>Bronze</i>	
Linda Wong		0:21:48	11th	20-34	83rd		
Hans Fenz		0:25:06	3rd	70-99	126th	<i>Bronze</i>	
RUN THE RIDGE 10K 25 March 2007, Maple Ridge (99 finishers.)						Masters Std.	
Mark Francis	0:37:11	0:37:13	4th	40-49	16th	<i>Silver</i>	
COMOX HALF MARATHON 15 March 2007, Comox Vanc Isl. (489 fin.)						Masters Std.	
Stephanie Keane		1:48:28	8th	30-34	154th		
RIVER'S SPRING RUN-OFF10K, 18 Mar 2007, Kamloops (168 finishers)						Masters Std.	
Robert Haines		0:43:31	3rd	55-59	34th	<i>Bronze</i>	
Hans Fenz		0:53:51	3rd	70-99	96th		
DIVAS WOMEN'S ONLY 8K, 18 Mar 2007, Vancouver (329 finishers)						Masters Std.	
Christine Blanchette	0:36:07	0:36:09	3rd	40-44	11th	<i>Bronze</i>	
Linda Wong	0:36:40	0:36:42	4th	30-34	13th		
ST PATRICK'S DAY 5K, 17 March 2007, Vanc. 467 finishers.)						Masters Std.	
Darryl Whitney	0:16:39	0:16:43	10th	OM	10th		
Rene McKibbin	0:19:15	0:19:19	7th	OW	42nd		
BAZAN BAY 5K, 11 March 2007, Vanc Island (1150 finishers.)						Masters Std.	
Larry McMahon	0:21:11	0:21:16	3rd	60-64	168th	<i>Bronze</i>	
Stephanie Keane	0:21:25	0:21:34	4th	30-34	178th		
HATLEY CASTLE 8K, 25 Feb 2007, Vanc Island (392 finishers.)						Masters Std.	
Stephanie Keane		0:38:09	5th	30-34	144th		
HISTORIC HALF MARATHON, 18 Feb 2007, Langley (767 finishers.)						Masters Std.	
Mark Francis	1:20:08	1:20:12	1st	40-49	6th		
Mark Hyder	1:38:10	1:38:28	7th	50-54	84th		

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Name	Chip Time	Gun Time	Place	Division	Overall	
CEDAR 12K, 11 Feb 2007, Cedar Vancouver Isl. (363 finishers.)						Masters Std.
Larry McMahon		0:51:32	5th	60-64	97th	
FIRST HALF MARATHON, 11 Feb 2007, Vancouver (2011 finishers.)						Masters Std.
Darryl Whitney	1:15:35	1:15:37	6th	25-29	15th	
Mark Shorter	1:23:56	1:24:00	1st	50-54	50th	
Chris Erickson	1:27:50	1:28:00	12th	40-44	80th	
Rae Gordon	1:28:50	1:29:05	4th	50-54	92nd	
Tania Tasaka	1:33:04	1:33:10	5th	35-39	140th	
Willi Ribí	1:33:45	1:33:55	8th	50-54	153rd	
Jeanne Kim	1:36:32	1:36:38	11th	30-34	196th	
Oliver Clemens	1:39:06	1:39:16	44th	35-39	203rd	
Linda Wong	1:41:24	1:41:37	18th	30-34	306th	
Warren Campbell	1:41:57	1:42:17	25th	50-54	328th	
Colin Lee	1:44:38	1:45:35	36th	30-34	446th	
Robert Gardner	1:48:51	1:49:03	11th	60-64	564th	
Premica Baines	1:50:55	1:51:49	35th	45-49	654th	
Al Thompson	1:59:42	1:59:56	18th	60-64	1013	
MILL BAY 10K, 28 Jan 2007, Mill Bay Vanc Isl. (511 finishers.)						Masters Std.
Stephanie Keane		0:46:31	9th	30-34	197th	
ICE BREAKER 8K, 28 Jan 2007, Steveston (369 finishers.)						Masters Std.
Darryl Whitney		0:26:41	3rd	25-29	9th	
Jim Swadling		0:29:55	1st	55-59	47th	<i>Silver</i>
Rae Gordon		0:31:15	4th	50-54	64th	<i>Bronze</i>
Daniel Ribí		0:31:27	3rd	0-15	69th	
Ingo Jackisch		0:33:54	9th	50-54	96th	
Robert Haines		0:34:12	5th	55-59	101st	<i>Bronze</i>
Willi Ribí		0:34:14	10th	50-54	102nd	
Neil Wakelin		0:34:21	6th	55-59	105th	<i>Bronze</i>
Marcus Ribí		0:34:31	6th	0-15	110th	
HONOLULU MARATHON, 10 Dec 2006, Honolulu HA (24,573 finishers)						Masters Std.
Mark Shorter	3:04:52	3:04:54	8th	45-49	140th	
CALIFORNIA INT'L MARATHON, Dec 2006, Sacramento (3789 finishers)						Masters Std.
Michael Campbell-Burns	3:36:05	3:37:00	72nd	50-54	1050th	<i>Silver</i>
Linda Wong	3:38:57	3:39:50	32nd	30-34	1152nd	
Colin Lee	4:04:42	4:05:49	218th	30-34	2029th	
CDN CROSS COUNTRY CHAMPS 8K, 2 Dec 2006, Vancouver						Masters Std.
Rae Gordon		0:35:02	8th	50-54	52nd	
Larry McMahon		0:36:24	5th	55-59	56th	
Willi Ribí		0:36:51	10th	50-54	60th	
SEATTLE MARATHON, 26 November 2006, Seattle (2052 finishers)						Masters Std.
Mark Shorter	3:28:51	3:28:53	22nd	45-49	198th	
GUNNER SHAW 5K XC, 25 Nov 2006, Vancouver (12 finishers)						Masters Std.
Daniel Ribí		0:20:15	2nd	0-19	2nd	

LIONS GATE RACE RESULTS April 2006 to April 2007

HANEY TO HARRISON 100K RELAY- Nov. 4, 2006, Haney (274 Teams)						
Name	Time	Cat. place		Categ.	overall	
LGRR Masters Men 40+A	6:39:42	1st		mm40+	8th	
LGRR Open Men	6:57:38	7th		Open Men	11th	
LGRR Masters Men 50+A	7:21:44	2nd		mm50+	24th	
LGRR Open Women	7:28:19	3rd		open women	30th	
LGRR Open Mixed	8:07:21	8th		Open Mixed	61st	
LGRR Masters Men 60+	9:39:23	1st		mm60+	229th	
STAGE 1- 9.42K (5.85M)		Cat. place		Categ.	overall	Team place OA
Ken Bell	0:37:19	1st	2nd mm	mm40+	4th	10th
Robert Haines	0:42:54	1st		mm50+	28th	28th
Stephanie Keane	0:43:49	3rd		Open Women	34th	34th
Colin Lee	0:45:15	10th		Open Men	46th	46th
Cheryl Steele	0:49:39	12th		Open Mixed	89th	89th
Robert Gardner	0:52:53	1st		mm60+	135th	135th
STAGE 2- 13.51K (8.39 M)		Cat. place		Categ.	overall	Team place OA
Dan Holmes	0:49:19	6th		Open Men	7th	11th
Mark Shorter	0:56:37	2nd		mm40+	18th	10th
Tina Louise Harris	1:00:24	2nd		Open Wom	37th	26th
Josh Tanner	1:01:38	6th		Open Mixed	44th	52nd
Mark Hyder	1:04:21	2nd		mm50+	69th	36th
Robert Gardner	1:19:56	1st		mm60+	227th	212th
STAGE 3- 15.12K (9.40 M)		Cat. place		Categ.	overall	Team place OA
Mark Francis	0:59:09	1st	3rd mm	mm40+	12th	8th
Eric Vaagen	1:03:48	9th		Open Men	28th	9th
Rene McKibbin	1:04:20	3rd	4th ow	Open Wom	34th	23rd
Gary Stevens	1:04:52	2nd		mm50+	37thst	31st
Matt Murdoch	1:12:55	13th		Open Mixed	106th	96th
Peter Jensen	1:20:44	1st		mm60+	185th	200th
STAGE 4-14.42K (8.95 M)		Cat. place		Categ.	overall	Team place OA
Darryl Whitney	0:56:27	7th		Open Men	10th	9th
Ken Bell	0:59:51	1st	2nd mm	mm40+	17th	8th
Leo Lam	1:02:33	1st		mm50+	27th	26th
Jeanne Kim	1:03:00	4th	4th ow	Open Wom	31st	21st
Russell Stephens	1:06:48	8th		Open Mixed	56th	52nd
Al Watts	1:14:08	1st		mm60+	122nd	176th
STAGE 5-13.12K (8.15M)		Cat. place		Categ.	overall	Team place
Sean Wolfe	0:49:49	1st	3rd mm	mm40+	11th	8th
Rae Gordon	6:27:00	22nd		mm50+	24th	23rd
Jeremy Peters	0:56:15	11th		Open Men	33rd	10th
Ketty Alfaro	0:59:43	5th		Open Wom.	62nd	24th
Paul Fenz	1:03:45	16th		Open Mixed	104th	53rd
Alex Lau	1:35:44	1st		mm60+	276th	235th
STAGE 6-13.08K (8.12 M)		Cat. place		Categ.	overall	Team place OA
Phil Green	0:50:57	1st	4th mm	mm40+	10th	8th
Paul Newton	0:57:15	9th		Open Men	29th	10th
Phil Bell	1:00:33	2nd		mm50+	50th	23rd
Linda Wong	1:01:18	7th		Open Wom	57th	29th
Meaghan Grant	1:09:13	19th		Open Mixed	132nd	63rd
Hans Fenz	1:12:27	1st		mm60+	172nd	232nd

LIONS GATE RACE RESULTS April 2006 to April 2007

STAGE 7-13.31K (8.27 M)		Cat. place		Categ.	overall	Team place OA	
Carlos Gaspar	0:52:07	1st	3rd mm	mm40+	10th	8th	
Glenn Wagner	0:57:01	10th		Open Men	35th	11th	
Roger Brownsey	0:57:38	2nd		mm50+	42nd	26th	
Christine Blanchette	1:00:05	3rd	1st mw	Open Wom	61st	31st	
Krysta Cochrane	1:02:51	14th		Open Mixed	81st	61st	
Al Thompson	1:11:44	1st		mm60+	178th	226th	
STAGE 8- 8.03K (4.99M)		Cat. place		Categ.	overall	Team place OA	
Mark Williams	0:32:20	6th		Open Men	10th	11th	
Neil Prior	0:33:56	2nd		mm40+	20th	8th	
Nel Wakelin	0:34:30	2nd		mm50+	23rd	24th	
Lara Duke	0:35:23	4th		Open Wom	34th	30th	
Premica Baines	0:41:17	19th		Open Mix	111th	61st	
Bill Wirtanen	0:51:45	1st		mm60+	239th	261st	
Name	Chip Time	Gun Time	Place	Division	Overall		
CUNNINGHAM SEAWALL RACE, 30 Oct 2007, Vancouver. (1290 finishers)							Masters Std.
Troy Wattley	0:38:24	0:38:26	4th	16-19	66th		
Leo Lam	0:40:29	0:40:32	11th	50-54	106th		
Neil Wakelin	0:41:17	0:41:21	6th	55-59	129th		
Stephanie Keane	0:41:49	0:41:52	5th	30-34	142nd		
Colin Lee	0:41:51	0:42:15	21st	30-34	155th		
Ketty Alfaro	0:42:18	0:42:24	2nd	16-19	162nd		
Linda Wong	0:43:25	0:43:28	7th	30-34	191st		
Meaghan Grant	0:44:00	0:44:02	2nd	0-15	204th		
AUCKLAND MARATHON, 29 Oct 2007, Auckland NZ. (1061 finishers)							Masters Std.
Jim Swadling	3:00:41	3:00:54	2nd	55-59	40th	<i>Gold</i>	
CRESCENT PARK 8K XC, 28 Oct 2007, White Rock. (33 finishers)							Masters Std.
Christine Blanchette 6k		0:25:51	3rd	40-49	4th		
Carlos Gaspar		0:30:25	3rd	40-49	3rd	<i>Bronze</i>	
Rae Gordon		0:33:11		50-59	3rd	<i>Bronze</i>	
Willi Ribbi		0:34:53		50-59	5th		
BC MASTERS XC CHAMPS, 21 Oct 2007, Victoria. (33 finishers)							Masters Std.
Carlos Gaspar		0:30:10	4th	40-44	10th	<i>Bronze</i>	
Larry McMahon		0:34:21	3rd	55-59	3rd	<i>Bronze</i>	
RICHMOND FLATLANDS 10K, 15 Oct 2006, Richmond, BC (334 finishers)							Masters Std.
Mark Francis		0:36:51	4th	40-44	15th	<i>Bronze</i>	
Christine Blanchette		0:42:22	4th	40-44	51st	<i>Silver</i>	
Leo Lam		0:42:40	5th	50-54	55th		
Linda Wong		0:45:28	4th	30-34	84th		
Sal Singh		1:07:16	122nd	35-39	287th		
NORTH SHORE 6.3K XC , 14 Oct 2006, North Vancouver, BC							
Carlos Gaspar		0:23:17	1st	40-44			
Gary Stevens		0:24:48	1st	50-54			
Willi Ribbi		0:27:21	2nd	50-54			
ROYAL VICTORIA MARATHON, 08 Oct 2006, Victoria, BC (1863 finishers)							Masters Std.
Krysta Cochrane	3:24:03	3:24:40	3rd	20-24	218th		
Mark Hyder	3:33:00	3:33:21	27th	50-54	314th		

LIONS GATE RACE RESULTS April 2006 to April 2007

Name	Chip Time	Gun Time	Place	Division	Overall		
LABOUR DAY 8K, 3 Sept 2006, Steveston. BC (271 finishers)						Masters Std.	
Mark Francis		0:28:36	3rd	40-44	17th	<i>Silver</i>	
Rae Gordon		0:31:51	4th	50-54	41st	<i>Bronze</i>	
Jeanne Kim		0:34:14	1st	30-34	63rd		
Josh Tanner		0:34:23	7th	20-24	65th		
Colin Lee		0:34:26	6th	30-34	67th		
Daniel Ribí		0:35:06	1st	0-15	75th		
Willi Ribí		0:35:19	9th	50-54	78th		
Linda Wong		0:36:19	3rd	30-34	89th		
AL Thompson		0:37:01	3rd	60-64	99th		
Marcus Ribí		0:38:20	2nd	0-15	120th		
Meaghan Grant		0:40:05	2nd	0-15	138th		
RUN FOR THE FERRY 10K, 26 Aug 2006, Bowen Isl. BC (110 finishers)						Masters Std.	
Carlos Gaspar		0:37:50	2nd	40-49	7th	<i>Silver</i>	
Jeremy Peters		0:39:41	4th	30-39	9th		
Rae Gordon		0:40:04	1st	50-59	12th	<i>Bronze</i>	
Rene McKibbin		0:40:31	1st	30-39	14th	<i>Silver</i>	
Roger Brownsey		0:41:33	2nd	50-59	15th	<i>Bronze</i>	
Leo Lam		0:42:03	3rd	50-59	16th	<i>Bronze</i>	
Christine Blanchette		0:43:01	1st	40-49	17th	<i>Silver</i>	
Al Thompson		0:47:19	1st	60-69	27th		
TEAM COASTAL DELTA HALF MARATHON 10K, 15 Aug 2006, BC (160 fin.)						Masters Std.	
Mark Hyder	1:39:19	1:39:27	3rd	50-54	44th		
LGRR MIRACLE MILE , 4 Aug 2006, Vancouver, BC (26 fin.)					Predicted	Age Grade	
Jamie Epp		0:04:52			5:00	4:52	
Matt Johnston		0:04:55			5:00	4:55	
Shaun Lucks		0:05:21			5:20	5:13	
Carlos Gaspar		0:05:27			5:36	5:04	
Tom Cardle		0:05:32			5:30	5:06	
Jeremy Peters		0:05:45			6:00	5:45	
Leo Lam		0:05:46			5:48	4:59	
Rae Gordon		0:05:55			5:42	5:07	
Garrett Webster		0:05:57			6:00	5:57	
Rene McKibbin		0:05:57			6:20	5:38	
Ron Scott		0:06:09			7:00	5:37	
Jeanne Kim		0:06:10			6:30	6:05	
Roger Brownsey		0:06:11			6:20	5:10	
Colin Lee		0:06:20			6:40	6:19	
Linda Wong		0:06:29			7:00	6:29	
Krysten Webster		0:06:30			6:30	6:30	
Lara Duke		0:06:30			8:00	6:30	
Janet Scott		0:06:40			7:15	5:54	
Kristina Gibbons		0:06:44			7:30	6:44	
Shelley Webster		0:07:04			7:30	6:25	
Paul Fenz		0:07:10			7:00	7:00	
Alex Lau		0:08:37			9:40	6:56	
Madhuri?		0:09:10			10:00	8:14	
Kelly Duke		0:10:09			12:00	9:58	
Paloma		0:10:28			10:00	10:28	
Bob Paul		0:11:18			12:00	7:01	

LIONS GATE RACE RESULTS April 2006 to April 2007

Name	Chip Time	Gun Time	Place	Division	Overall		
SQUAMISH DAYS 10K , 6 Aug 2006, Squamish, BC (187 finishers.)							Masters Std.
Sean Wolfe		0:36:37	2nd	45-49	15th		<i>Silver</i>
Rae Gordon		0:39:49	3rd	50-54	40th		<i>Bronze</i>
Roger Brownsey		0:41:17	2nd	55-59	50th		<i>Bronze</i>
Leo Lam		0:41:18	5th	50-54	51st		<i>Bronze</i>
Daniel Ribí		0:43:05	1st	0-20	71st		
Jeanne Kim		0:43:12	10th	20-34	72nd		
Neil Wakelin		0:43:23	5th	55-59	73rd		<i>Bronze</i>
Colin Lee		0:43:43	13th	30-34	74th		
Christine Blanchette		0:43:52	6th	40-44	76th		<i>Silver</i>
Marcus Ribí		0:44:12	2nd	0-20	79th		
Linda Wong		0:46:11	22th	20-34	91st		
Hans Fenz		0:53:03	2nd	70+	135th		<i>Bronze</i>
SEYMOUR HILL RUN , 23 July 2006, N Vanc, BC (35 finishers.)							Masters Std.
Michael Campbell Burns		1:24:13	1st	50-59	16th		
SEA CAVALCADE MILE , 22 July 2006, Gibsons BC (22 finishers.)							Masters Std.
Phil Bell		0:05:31	1st	50-59	7th		
SUMMERFAST 10K , 22 July 2006, Vancouver BC (307 finishers.)							Masters Std.
Rae Gordon		0:40:36	2nd	50-54	37th		<i>Bronze</i>
Leo Lam		0:42:04	3rd	50-54	48th		<i>Bronze</i>
Roger Brownsey		0:42:31	3rd	55-59	52nd		<i>Bronze</i>
Jeanne Kim		0:42:51	5th	20-34	56th		
Dory Boyer		0:43:38	22nd	20-34	66th		
Colin Lee		0:44:16	24th	20-34	75th		
Linda Wong		0:47:14	9th	30-34	94th		
Mark Hyder		0:49:25	8th	50-54	132nd		
Meaghan Grant		0:50:31	3rd	0-19	150th		
Hans Fenz		0:53:12	3rd	70+	171st		<i>Bronze</i>
KNEE KNACKER NORTH SHORE TRAIL RUN, 8 July 2006, BC (203 fin.)							Masters Std.
Neil Wakelin		7:21:32	4th	50-59	80th		
MIDSUMMER 8K , 6 July 2006, Kelowna, BC (177 finishers.)							Masters Std.
Christine Blanchette		0:34:50	3rd	40-44	42nd		<i>Silver</i>
Meaghan Grant		0:39:37	2nd	0-15	85th		
PITT MEADOWS 7K , 1 July 2006, Pitt Meadows, BC (254 finishers.)							Masters Std.
Tina-Louise Harris	0:30:11	0:30:13	1st	30-39	9th		
Neil Wakelin	0:30:29	0:30:31	3rd	50-59	10th		
HBC RUN FOR CANADA 10K , 1 July 2006, Vancouver, BC (706 finishers.)							Masters Std.
Colin Lee	0:44:24	0:44:54	19th	30-39	59th		
ST. PETERSBURG WHITE NIGHTS MARATHON, 30 June 2006, (3004 fin.)							Masters Std.
Mark Hyder		3:45:23	25th	185th			
SCOTIABANK VANCOUVER HALF MARATHON , 25 June 2006, BC (3424 fi							Masters Std.
Sara Bucoaz	1:31:21	1:31:24	3rd	25-29	107th		
Leo Lam	1:31:35	1:31:40	5th	50-54	112th		
Linda Wong	1:31:24	1:31:55	5th	30-34	116th		
Roger Brownsey	1:33:04	1:33:10	3rd	55-59	130th		
Robert Gardner	1:40:33	1:40:38	1st	60-64	286th		

LIONS GATE RACE RESULTS April 2006 to April 2007

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LONGEST DAY 5K , 16 June 2006, Vancouver, BC (291 finishers.)						Masters Std.	
Darryl Whitney		0:16:55	5th	25-29	17th		
Tom Cardle		0:17:58	2nd	45-49	36th	Silver	
Chris Erickson		0:18:51	9th	40-44	49th	Bronze	
Rae Gordon		0:19:25	5th	50-54	66th	Bronze	
Leo Lam		0:19:48	6th	50-54	70th	Bronze	
Roger Brownsey		0:19:58	1st	55-59	74th	Silver	
Jeanne Kim		0:19:58	1st	30-34	76th		
Willi Ribi		0:20:33	8th	50-54	87th		
Colin Lee		0:20:47	10th	30-34	92nd		
Christine Blanchette		0:20:50	6th	40-44	93rd	Silver	
Daniel Ribi		0:20:57	6th	0-19	96th		
Marcus Ribi		0:21:06	7th	0-19	97th		
Bill Wirtanen		0:30:10	8th	60-64	224th		
LONGEST DAY 10K , 16 June 2006, Vancouver, BC (194 finishers.)						Masters Std.	
Sean Wolfe		0:37:15	2nd	45-49	5th	Silver	
JACK & JILL 5K ,11 June 2006, Vancouver, BC (157 finishers.)						Masters Std.	
Andy Ito		0:17:52	1st	25-34	1st		
GROUSE MTN. SEEK THE PEAK ,10 June 2006, N.Vanc., BC (279 finishers)						Masters Std.	
Jim Swadling		1:43:49	2nd	50-59	22nd		
SANDCASTLE 10K, 4 June 2006, White Rock, BC (259 finishers.)						Masters Std.	
Phil Green		0:35:49	4th	40-44	16th	Silver	
Sara Bucovaz		0:41:24	2nd	25-29	43rd		
Jeanne Kim		0:42:55	3rd	30-34	58th		
RMHF FUND RUN 10K, 4 June 2006, BC (80 finishers.)						Masters Std.	
Tina-Louise Harris		0:40:47	1st	30-39	7th		
AMBLESIDE MEN'S MASTERS MILE , 3 June 2006, W. Vanc. BC (95 fin.)						Masters Std.	
Mark Francis		0:04:54	5th	40-44	9th		
Phil Bell		0:05:31	2nd	55-59	25th		
NEWPORT MARATHON , 3 June 2006, Newport Oregon (713 finishers.)						Masters Std.	
Rober Gardner		3:35:45	1st	60-64	119th	Bronze	
RUNNING ROOM SHAUGHNESSY 8K , 28 May 2006, W. Vanc. BC (370 fin.)						Masters Std.	
Mark Francis		0:29:39	7th	40-44	17th	Bronze	
Tom Cardle		0:30:02	8th	40-44	19th	Bronze	
Eric Vaagen		0:30:21	3rd	30-34	24th		
Rae Gordon		0:32:01	4th	50-54	36th	Bronze	
Leo Lam		0:33:29	6th	50-54	51st		
Christine Blanchette		0:34:29	2nd	35-39	65th	Silver	
Colin Lee		0:35:29	10th	30-34	77th		
Linda Wong		0:36:01	2nd	30-34	82nd		
Stephanie Keane		0:36:46	3rd	30-34	88th		
Meaghan Grant		0:37:20	2nd	0-19	95th		
Hans Fenz		0:38:55	2nd	70-74	124th	Silver	
PEACH CITY HALF MARATHON , 20 May 2006, Penticton. BC (303 fin.)						Masters Std.	
Rene Mckibbin		1:35:13	1st	35-39	32nd		
Linda Wong		1:42:57	4th	3034	62nd		
PEACH BLOSSOM 10 MILER , 14 May 2006, Penticton (162 fin.)						Masters Std.	
Mark Shorter		1:05:50	2nd	45-49	10th		

LIONS GATE RACE RESULTS April 2006 to April 2007

Name	Chip Time	Gun Time	Place	Division	Overall		
MOTHERS DAY 8K SPRING CLASSIC , 14 May 2006, COQUITLAM (174 fin.)							Masters Std.
Gary Stevens		0:30:51	4th	50-54	22nd	<i>Silver</i>	
Rae Gordon		0:31:43	5th	50-54	32nd	<i>Bronze</i>	
Murray Stevens		0:31:54	7th	50-54	36th	<i>Bronze</i>	
Roger Brownsey		0:32:34	3rd	55-59	39th	<i>Bronze</i>	
Sara Bucovaz		0:32:59	3rd	20-29	40th		
Leo Lam		0:33:05	8th	50-54	43rd	<i>Bronze</i>	
Paul Newton		0:34:28	6th	30-34	51st		
Colin Lee		0:35:14	7th	30-34	58th		
Linda Wong		0:35:58	6th	30-34	67th		
Hans Fenz		0:37:23	1st	70+	79th	<i>Silver</i>	
Meaghan Grant		0:37:54	1st	0-16	90th		
Mark Hyder		0:37:54	10th	50-54	91st		
ENVISION RUN FOR MOM 8K , 14 May 2006, BC (234 fin.)							Masters Std.
Phil Green		0:29:31	1st	40-49	1st	<i>Bronze</i>	
Tina Louise Harris		0:32:48	2st	30-39	7th,1stF		
Lesly Green		0:42:27	12th	40-49	69th		
BMO VANCOUVER HALF MARATHON , 7 May 2006, BC (6721 fin.)							Masters Std.
Andy Ito		1:27:31	11th	25-29	56th		
BMO VANCOUVER MARATHON , 7 May 2006, BC (6721 fin.)							Masters Std.
Jim Swadling	3:16:22	3:16:22	2nd	55-59	178th		
Tania Tasaka	3:28:42	3:28:47	8th	35-39	349th		
Neil Wakelin	3:52:32	3:53:14	31st	55-59	981st		
VANCOUVER SUN RUN 10K , April 23 2006, Vancouver, BC (40,000 fin.)							Masters Std.
Darryl Whitney		0:34:28	10th	19-24	55th		
Phil Green		0:35:49	14th	40-44	88th	<i>Silver</i>	
Mark Francis		0:36:25	17th	40-44	99th	<i>Bronze</i>	
Andy Ito		0:37:13	24th	25-29	129th		
Mark Shorter		0:37:31	6th	45-49	148th	<i>Silver</i>	
Tom Cardle		0:37:33	28th	40-44	151st	<i>Bronze</i>	
Eric Vaagen		0:37:53	31st	30-34	167th		
Gary Stevens		0:38:38	10th	50-54	228th	<i>Silver</i>	
Murray Stevens		0:38:59	11th	50-54	262nd	<i>Bronze</i>	
Rene McKibbin		0:39:13	9th	35-39	288th	<i>Gold</i>	
Mark Lawrence		0:39:29	5th	55-59	308th	<i>Silver</i>	
Krysta Cochran		0:40:14	12th	19-24	392nd		
Roger Brownsey		0:40:24	6th	55-59	360th	<i>Silver</i>	
Rae Gordon		0:40:33	19th	50-54	424th	<i>Bronze</i>	
Harry Brastianos		0:40:37	65th	25-29	434th		
Leo Lam		0:41:18	27th	50-54	517th	<i>Bronze</i>	
Jeanne Kim		0:41:43	13th	30-34	586th		
Tania Tasaka		0:41:45	15th	35-39	595th	<i>Silver</i>	
Paul Newton		0:43:04	135th	30-34	831st		
Mark Hyder		0:43:06	35th	50-54	839th		
Christine Blanchette		0:43:12	24th	35-39	858th	<i>Bronze</i>	
Josh Tanner		0:43:28	95th	25-29	908th		
Linda Wong		0:45:33	35th	30-34	1492nd		
Oliver Clemens		0:45:51	197th	35-39	1601st		
Hans Fenz		0:45:54	2nd	70-74	1630th	<i>Silver</i>	
Ketty Alfaro		0:46:52	4th	0-16	1982nd		
Colin Lee		0:47:15	293rd	30-34	2145th		
Sal Singh		1:04:38	789th	35-39	15499		

LIONS GATE RACE RESULTS April 2006 to April 2007

MASTERS STANDARDS											
Women's 5K Road Run				Men's 5K Road Run							
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze				
W35	19:05	20:49	22:33	M35	15:40	17:05	18:31				
W40	19:32	21:19	23:05	M40	16:16	17:44	19:13				
W45	20:00	21:49	23:38	M45	16:53	18:25	19:57				
W50	21:01	23:03	24:58	M50	17:16	18:50	20:24				
W55	22:28	24:31	26:34	M55	18:24	20:04	21:45				
W60	23:46	25:55	28:05	M60	18:49	20:32	22:14				
W65	25:42	28:02	30:22	M65	20:32	22:24	24:16				
W70	28:57	31:35	34:13	M70	21:46	23:45	25:43				
W75	32:42	35:40	38:39	M75	24:36	26:50	29:04				
W80	36:56	40:17	43:39	M80	28:02	30:35	33:08				
Women's 8K Road Run				Men's 8K Road Run							
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze				
W40	32:33	35:30	38:28	M40	26:50	29:16	31:43				
W45	33:22	36:24	39:25	M45	27:32	30:02	32:32				
W50	34:23	37:34	40:42	M50	28:17	30:51	33:26				
W55	36:35	39:54	43:14	M55	29:50	32:32	35:16				
W60	38:41	42:12	45:43	M60	30:47	33:34	36:22				
W65	42:05	45:55	49:45	M65	34:13	37:19	40:26				
W70	48:31	52:56	57:21	M70	35:41	38:55	42:09				
W75	54:44	59:42	1:04:41	M75	40:12	43:52	47:31				
W80	58:30	1:03:49	1:09:08	M80	45:23	49:31	53:39				
Women's 10km Road Run				Men's 10km Road Run							
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze				
W35	40:11	43:51	47:30	M35	33:17	36:18	39:20				
W40	41:13	44:58	48:43	M40	34:15	37:22	40:29				
W45	42:16	46:06	49:57	M45	35:15	38:28	41:40				
W50	43:18	47:15	51:11	M50	35:34	38:49	42:03				
W55	45:59	50:10	54:20	M55	37:12	40:35	43:58				
W60	48:37	53:03	57:28	M60	38:54	42:27	45:59				
W65	53:01	57:50	2:40	M65	42:36	46:29	50:21				
W70	1:01:34	1:07:10	1:12:46	M70	45:23	49:31	53:39				
W75	1:09:25	1:15:44	1:22:02	M75	52:02	56:46	1:01:30				
W80	1:12:53	1:19:31	1:26:08	M80	59:27	1:04:51	1:10:16				
Women's Marathon				Men's Marathon							
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze				
W35	3:16:35	3:34:27	3:52:19	M35	2:36:44	2:50:59	3:05:14				
W40	3:24:30	3:43:06	4:01:41	M40	2:43:55	2:58:49	3:13:43				
W45	3:32:45	3:52:06	4:11:26	M45	2:51:26	3:07:01	3:22:36				
W50	3:33:05	3:52:27	4:11:49	M50	2:53:37	3:09:24	3:25:11				
W55	3:54:11	4:15:28	4:36:45	M55	3:02:19	3:18:53	3:35:28				
W60	4:18:13	4:41:42	5:05:10	M60	3:09:41	3:26:56	3:44:11				
W65	5:01:13	5:28:36	5:55:58	M65	3:30:43	3:49:53	4:09:02				
W70	5:19:18	5:48:20	6:17:21	M70	3:56:08	4:17:35	4:39:03				
W75	5:35:16	6:05:44	6:36:13	M75	4:34:36	4:59:34	5:24:31				
W80	5:52:02	6:24:02	6:56:02	M80	6:04:30	6:37:38	7:10:47				

LIONS GATE RACE RESULTS April 2006 to April 2007
