

28th Annual Gunner Shaw 10Km Saturday December 3, 2011

10K Age-Graded Results Time Age %

1	O'Connor	Kevin	M44	33:40	85.213
2	Ziak	Jeremiah	M35	32:42	82.487
3	Ross	Michael	M55	38:43	80.859
4	Christie	Gordon	M50	37:29	80.135
5	Watkins	Catherine	F40	39:27	79.118
6	Christie	Juliette	F49	42:38	79.094
7	Palermo	David	M38	34:47	79.000
8	Moon	Mike	M50	38:20	78.358
9	Nightingale	Larry	M48	38:01	77.785
10	Symon	Stephen	M48	38:09	77.513
11	McNamara	Paul	M30	34:58	77.140
12	Siemens	Alexandra	F16	40:15	76.539
13	Willett	Olivia	F12	43:22	76.379
14	Nightingale	Teresa	F46	43:12	76.000
15	Smit	Tim H.	M51	40:13	75.299
16	Nicholson	Drew	M27	36:10	74.581
17	Nipen	Thomas	M27	36:13	74.478
18	Ribi	Daniel	M19	36:44	74.015
19	Miller	Ron	M64	46:04	73.983
20	McKibbin	Rene	F44	43:38	73.958
21	Wallace	Noah	M40	37:44	73.855
22	Heinz	Jonathan	M23	36:33	73.798
23	Stevens	Murray	M58	43:36	73.755
24	Fontaine	Marc	M56	42:58	73.510
25	Clayton	Gillian	F30	40:48	73.325
26	Mihalyi	Devon	F29	40:55	73.116
27	Kovacek	Daniel	M29	36:56	73.032
28	Hopwood	Jeremy	M31	37:03	72.803
29	Moody	Mike	M33	37:24	72.121
30	Russ	Rachel	F37	42:21	71.951
31	Donies	Jacek	M34	37:32	71.865
32	Knowlton	Richard	M30	37:41	71.579
33	Lamoureux	Julien	M33	37:45	71.453
34	Lloyd	Jonathan	M20	37:50	71.295
35	Standrick	Darbykai	F24	42:02	71.174
36	Stevens	Gary	M55	44:02	71.096
37	Sessions	Matt	M47	41:18	71.052
38	Vander Wart	Frank	M45	40:41	71.039
39	Ryan	Denis	M30	38:11	70.642
40	Guest	Wayne	M48	42:04	70.296

41	Erickson	Chris	M44	40:50	70.257
42	Roufosse	Roger	M77	57:05	70.227
43	Bandy	Laura	F25	42:37	70.199
44	Atkinson	John	M38	39:17	69.951
45	Boulton	Chris	M47	41:57	69.951
46	Ross	Sarya	F15	44:50	69.574
47	Madderom	Jake	M67	50:38	69.532
48	Wood	Paul	M63	48:34	69.469
49	McNabb	Stuart	M61	47:42	69.336
50	Fefer	Jacqueline	F49	48:42	69.241
51	Young	Barry	M36	39:11	69.164
52	Berry	Tara	F26	43:16	69.145
53	De Lemos	Jane	F46	47:34	69.023
54	Bingert	Aidan	M14	41:26	69.014
55	Coo	Duncan	M42	40:58	69.013
56	Lavoie	Aline	F62	55:51	68.901
57	Lang	Peter	M64	49:28	68.898
58	Katzman	Ran	M44	41:44	68.742
59	Gordon	Rae	M53	45:02	68.362
60	Logan	Arniel	M34	39:30	68.287
61	Makepeace	Dee	F47	48:39	68.084
62	Weekes	Emily	F20	44:00	67.992
63	Fetterly	Ryan	M24	39:53	67.631
64	Sims	Marten	M31	39:55	67.574
65	Flett	Gordon	M51	44:53	67.470
66	Fedder	Steven	M44	42:32	67.449
67	Kamiya	Dennis	M65	51:10	67.292
68	Spencer	Jackie	F30	44:28	67.279
69	Hyder	Mark	M59	48:15	67.256
70	Haines	Robert	M61	49:22	66.995
71	Spence	Lara	F41	47:09	66.744
72	Craik	Tom	M38	41:14	66.643
73	Pellicano	Linda	F42	47:37	66.641
74	Lillie	Donna	F57	54:46	66.536
75	Friedman	Daniel	M30	40:37	66.410
76	Benson	Alan	M58	48:28	66.349
77	Ross	Twyla	F44	48:43	66.241
78	Rowat	Mark	M39	41:47	66.231
79	Cuff	Jeremy	M37	41:20	66.024
80	Katzman	Gili	F44	48:59	65.881
81	Jackman	Frankie	F17	46:28	65.664
82	Kiers	Rachel	F31	45:38	65.559
83	Tucker	Katrina	F31	46:11	64.778
84	Woodside	Alicia	F23	46:22	64.522
85	Armstrong	Richard	M51	47:00	64.431
86	Safadi	Sue	F29	46:37	64.176

87	Albrecher	August	M63	52:41	64.040
88	Olson	Ryan	M35	42:11	63.943
89	Chew	Kristine	F34	46:50	63.879
90	Meehan	James	M55	49:03	63.825
91	Hayley	Karen	F42	49:57	63.528
92	Willett	Sam	M15	44:22	63.526
93	Ward	Mike	M54	48:57	63.419
94	Lai	Andrew	M49	47:07	63.250
95	Tanner	Josh	M29	42:44	63.120
96	MacDougall	Wayne	M56	50:04	63.085
97	Wiens	Justin	M24	42:53	62.899
98	Ferguson	Ruby	F57	58:01	62.808
99	Kortje	Connor	M22	43:07	62.559
100	Andande	Karin	F25	47:56	62.413
101	Romain	Everett	M56	50:40	62.338
102	Nose	Lance	M55	50:19	62.218
103	Smith	Phil	M37	44:01	61.999
104	Kucheran	Julianne	F26	48:18	61.939
105	Fefer	Herve	M50	48:32	61.890
106	Jackish	Ingo	M58	52:18	61.486
107	Austin	Nancy	F40	51:15	60.901
108	Wong	Mildred	F30	49:09	60.868
109	Yap	Angela	F35	49:17	60.862
110	Pellicano	Mark	M45	47:36	60.716
111	Ivanov	Stefan	M46	47:59	60.690
112	Harris	Graham	M27	44:38	60.433
113	Wickremasu	Gihan	M38	45:34	60.305
114	Allan	Mac	M44	47:47	60.038
115	Taplin	Chris	M26	45:15	59.610
116	Bertrand	Julie	F26	50:29	59.260
117	Pereira	Sophie	F16	52:33	58.624
118	Milne	Kate	F43	55:09	58.022
119	Watts	Donovan	M35	47:29	56.806
120	Hoang	Newton	M32	47:35	56.687
121	Northey	Susan	F47	58:42	56.428
122	Chapman	Fred	M34	48:05	56.097
123	Makepeace	John	M51	54:03	56.027
124	Cerullo	Antonio	M45	51:59	55.597
125	Gomez	Irma	F39	55:42	55.584
126	Murdoch	Matt	M31	48:47	55.292
127	Lee	Khai	M35	49:14	54.787
128	Cheung	Jenny	F31	54:58	54.427
129	Pereira	Daniel	M51	55:39	54.416
130	Morgan	Shonna	F47	61:09	54.167
131	Daniel	Robert	M72	69:11	54.032
132	Gerow	Glen	M58	59:42	53.864

133	Baxter	John	M55	58:09	53.837
134	Gingras	Travis	M37	51:07	53.387
135	Monkhouse	Neale	M53	57:40	53.386
136	Choy	Dickson	M38	51:37	53.237
137	Hands	Emma	F26	56:12	53.233
138	Siemens	Ross	M48	56:05	52.727
139	Olsen	Amy	F23	57:43	51.834
140	Boxall	Ken	M73	75:01	50.485
141	Van Hove	Shawna	F43	63:44	50.208
142	Fraser	Don	M63	67:28	50.008
143	Gerard	Sam	M20	54:35	49.417
144	Rear	Scott	M38	55:45	49.290
145	Senkpiel	Peter	M27	54:54	49.132
146	Benedetto	Michael	M31	54:57	49.087
147	Karpan	Leah	F32	60:57	49.084
148	Gould	Jim	M62	68:23	48.846
149	Thomson	Heather	F39	63:29	48.769
150	Kahle	Heather	F31	63:43	46.953
151	Oddi	Jacquie	F31	65:30	45.674
152	Craig	John	M34	60:54	44.291
153	Graham	Carrie	F45	78:47	41.311
154	Parry	Sharon	F41	78:48	39.937