

Silver Fox 5Km Team Results (4 per team)

1	Phoenix "A"	34 pts	2, 3, 13, 16
2	Douglas College	36 pts	7, 8, 10, 11, 12
3	LGRR	52 pts	1, 6, 19, 26
4	Phoenix "B"	82 pts	17, 18, 23, 24

Gunner Shaw 10K Team Results (5 per team)

1	Prairie Inn H "A"	45 pts	3, 6, 9, 10, 17
2	VFAC "A"	99 pts	4,11,24,28,32
3	Prairie Inn H "B"	135 pts	19, 21, 25, 31, 39
4	LGRR "A"	172 pts	18, 35, 36, 40, 43
5	VFAC "B"	228 pts	37, 38, 44, 54, 55
6	Vancouver Running	260 pts	1,34,50,75,100 [115, 123]
7	LGRR "B"	281 pts	45, 47, 52, 63, 74
8	Prairie Inn H "C"	309 pts	46, 51, 64, 71, 77
9	Semiahmoo "A"	491 pts	66,91,94,110,130
10	LGRR "C"	525 pts	86, 96, 109, 116, 118
11	Mount Unpleasants	530 pts	33, 60, 131, 132, 174
12	Prairie Inn H "D"	611 pts	82,95,101,156,177 [207]
13	Kajaks	627 pts	108, 114, 133, 134, 138 [158]
14	Phoenix	632 pts	26, 42, 183, 190, 191
15	LGRR "D"	654 pts	119, 125, 126, 141, 143
16	Semiahmoo "B"	800 pts	135, 159, 165, 166, 175
	VFAC "C"		59, 72, 81, 139
	Pacific Road Runners		70,99,104,112
	LGRR "E"		145, 163, 167, 178
	Sunshine Coast		48, 57, 176
	Douglas College		68, 76, 154
	Semiahmoo "C"		181, 185, 187
	UBC		2,13
	Salomon		30,49
	Roads and Runners		18,67