

27th Annual Gunner Shaw 2010 10Km Results by Age Division

Div	Race	Name		Div	Time	Team
1	136	Francesca	Jackman	F15	49:50.2	
2	154	Melanie	Reun	F15	52:16.4	Douglas College
3	197	Julie	James	F15	65:08	
4	198	Raquel	Madden	F15	65:15	
1	146	Aiste	Blaviesciunaite	F20	50:55.7	
2	193	April	Weaver	F20	63:15	
1	24	Anne-Marie	Madden	F25	38:15.7	VFAC
2	50	Gillian	Clayton	F25	40:24.5	Vancouver Running
3	67	Rachel	Romero	F25	42:33.0	Roads + Runners
4	79	Louise	Oram	F25	43:28.3	
5	100	Sue	Safadi	F25	45:47.2	Vancouver Running
6	107	Alexandra	Lea	F25	46:45.3	
7	119	Julie	Bertrand	F25	48:20.1	LGRR
8	137	Katie	Drechsel	F25	49:51.1	
9	140	Kelsey	Mulvihill	F25	50:24.6	
10	162	Karin	Adande	F25	54:37.7	
11	163	Alison	Watts	F25	54:42.6	LGRR
12	203	Sonya	Shahi	F25	69:58	
1	20	Rachel	McBride	F30	37:58.8	
2	98	Jessica	Glowacki	F30	45:46.0	
3	101	Julie	van Veelen	F30	45:51.9	Prairie Inn Harriers
4	102	Mirabelle	Tinio	F30	45:53.0	
5	105	Lucy	Eykamp	F30	46:30.8	Obsession
6	116	Angela	Yap	F30	47:17.5	LGRR
7	123	Julie	Mitchell	F30	48:44.6	Vancouver Running
8	125	Linda	Wong	F30	48:53.6	LGRR
9	144	Tanis	Ridout	F30	50:40.6	
10	152	Winnie	Lam	F30	52:14.4	
11	153	Jenny	Cheung	F30	52:14.8	
12	170	Robyn	Kenyon	F30	55:14.8	
13	180	Laura	Dunkley	F30	57:55.7	
14	182	Cindy	MacMillan	F30	57:59.9	
15	201	Courtenay	Edwards	F30	69:37	
16	202	Christina	Thiel	F30	69:42	

17	204	Leah	Underwood	F30	69:59	
18	205	Rosemary	Poole	F30	71:03	
1	72	Cliona	Carthy	F35	43:05.3	VFAC
2	77	Kirsten	Arensen	F35	43:19.0	Prairie Inn Harriers
3	106	Anna	Gleave	F35	46:32.4	
4	109	Jeanne	Kim	F35	46:55.9	LGRR
5	117	Nancy	Austin	F35	47:24.0	
6	168	Caroline	Young	F35	55:06.4	
7	173	Laura	Maclean	F35	56:31.2	
8	184	Jocelynn	Rooke	F35	58:35.0	
1	61	Lisa	Brougham	F40	42:05.4	Bowen Island
2	63	Rene	McKibbin	F40	42:15.0	LGRR
3	70	Susan	Reynolds	F40	42:52.1	Pacific Road Runs
4	90	Maureen	Curtin	F40	45:10.6	
5	93	Jacqueie	Perrault	F40	45:25.4	
6	124	Gili	Katzman	F40	48:47.2	
7	145	Pam	Campbell	F40	50:44.5	LGRR
8	161	Mandy	Maclver	F40	54:07.6	
9	174	Kate	Milne	F40	56:34.2	Mount Unpleasants
10	186	Alane	Lublow	F40	59:18.3	
1	115	Carolyn	Daubeny	F45	47:17.0	Vancouver Running
2	128	Jacqueline	Fefer	F45	49:15.0	
3	156	Lisa	Cantwell	F45	52:28.9	Prairie Inn Harriers
4	178	Shelley	Webster	F45	57:34.0	LGRR
5	185	Shonna	Morgan	F45	59:10.3	Semiahmoo
6	195	Lisa	Andersen	F45	63:36	
1	95	Wendy	Davies	F50	45:40.2	Prairie Inn Harriers
2	138	Lynne	Dueck	F50	50:06.3	Kajaks
3	165	Patricia	Shelby	F50	54:57.2	Semiahmoo
4	194	Jennifer	Hiebert	F50	63:18	
5	196	Connie	Epp	F50	63:56	
6	207	Christine	Thate	F50	78:23	Prairie Inn Harriers
1	143	Marjo	Lillie	F55	50:29.8	LGRR
2	187	Louisa	Lorimer	F55	59:26.4	Semiahmoo
3	200	Alivia	Maric	F55	66:13	
1	181	Frances	O'Grady	F60	57:59.0	Semiahmoo

1	176	Helen	Sabourin	F65	57:06.9	Sunshine Coast
1	12	Travis	Fraser	M15	35:54.8	
2	28	Jonathan	Lloyd	M15	38:34.9	VFAC
3	41	Ian	Saari	M15	39:34.3	
4	68	Dawit Yohan	Aebremedhin	M15	42:35.2	Douglas College
5	129	Anthony	Cooper	M15	49:15.9	
1	2	Ben	Thistlewood	M20	32:50.7	Pt Grey
2	7	Shaun	Stephens-Whale	M20	34:24.4	
3	22	Jonathan	Heinz	M20	38:10.0	
4	23	Michael	Butler	M20	38:11.4	Ocean Athletic
5	33	Todd	Perrett	M20	38:48.4	Mount Unpleasants
6	75	Christopher	Ross-Ewart	M20	43:15.1	Vancouver Running
1	3	Sean	Chester	M25	33:41.3	Prairie Inn Harriers
2	4	David	Palerno	M25	33:45.2	VFAC
3	5	Nicolas	Jirot	M25	34:14.4	
4	8	Thomas	Nipen	M25	34:55.7	Van Triathlon
5	9	Keith	Mills	M25	35:01.9	Prairie Inn Harriers
6	11	Drew	Nicholson	M25	35:17.6	VFAC
7	14	Paul	McNamara	M25	36:30.7	
8	19	Richard	Knowlton	M25	37:55.1	Prairie Inn Harriers
9	21	Jeff	Drew	M25	38:06.0	Prairie Inn Harriers
10	36	Troy	Barrie	M25	39:08.2	LGRR
11	39	Sarah	Baker	M25	39:24.0	Prairie Inn Harriers
12	43	Geoff	Watts	M25	39:42.6	LGRR
13	51	Simon	Pearson	M25	40:24.5	Prairie Inn Harriers
14	54	Enej	Bajgoric	M25	41:22.6	VFAC
15	56	Jordan	Back	M25	41:34.5	
16	60	Brock	Nicholson	M25	41:51.6	Mount Unpleasants
17	80	Jamie	Morrison	M25	43:29.9	
18	82	Aaron	Haazen	M25	43:49.0	Prairie Inn Harriers
19	112	Mark	Wong	M25	47:03.0	Pacific Road Runs
1	1	Jeremiah	Ziak	M30	32:28.6	Vancouver Running
2	16	Tim	Adkins	M30	37:24.4	LGRR
3	27	Andrew	Powell	M30	38:33.3	
4	34	Jeremy	Hopwood	M30	38:49.6	Vancouver Running
5	35	Dario	Herrera	M30	38:50.0	LGRR
6	40	Andrew	Slack	M30	39:32.8	LGRR

7	44	Amiel	Logan	M30	39:49.7	VFAC
8	52	Matt	Murdoch	M30	40:59.2	LGRR
9	69	Christophe	Dewulf	M30	42:47.4	
10	85	Sean	Baker	M30	44:40.6	
11	88	Dean	Bertlin	M30	44:55.0	
12	89	Christoph	Rufenacht	M30	45:08.0	
13	92	Joshua	Weiss	M30	45:24.1	
14	97	Richard	Seymour	M30	45:44.1	
15	99	David	Parker	M30	45:46.3	Pacific Road Runs
16	121	Mark	Mevyn	M30	48:31.5	
17	155	Ray	Miller	M30	52:22.7	
1	10	Jason	Loutitt	M35	35:09.4	Prairie Inn Harriers
2	15	Mike	Murphy	M35	36:47.4	Frontrunners
3	31	Mike	Arensen	M35	38:44.3	Prairie Inn Harriers
4	32	John	Atkinson	M35	38:47.5	VFAC
5	49	Tom	Craik	M35	40:23.6	Salomon
6	59	Mark	Rowat	M35	41:48.2	VFAC
7	65	Barry	Young	M35	42:28.9	
8	76	Angelo	Villalta	M35	43:15.1	Douglas College
9	83	Jeremy	Cuff	M35	44:12.5	
10	84	Paul	Towne	M35	44:18.6	
11	108	Gihan	Wickremasuriya	M35	46:54.4	Kajaks
12	126	Ky	Quang	M35	49:07.3	LGRR
13	142	Travis	Gingras	M35	50:29.3	
14	147	Ross	Fleming	M35	51:09.8	
15	148	Sean	Wilson	M35	51:16.0	
16	150	Kevin	Pattison	M35	51:30.9	
17	172	Jeff	Gan	M35	56:10.6	
1	6	Colin	Dignum	M40	34:21.8	Prairie Inn Harriers
2	13	Stan	Jang	M40	36:11.7	Thunderbirds
3	26	Larry	Lorette	M40	38:28.6	Phoenix
4	29	Kevin	Holland	M40	38:39.7	Outlaws
5	30	Duncan	Coo	M40	38:41.1	Salomon
6	46	Mark	Ritchie	M40	39:59.4	Prairie Inn Harriers
7	55	Trefor	Smith	M40	41:31.6	VFAC
8	58	Steven	Fedder	M40	41:47.0	
9	78	Stephen	Church	M40	43:26.9	
10	81	Bill	Codville	M40	43:29.9	VFAC
11	87	Curb	Ivanic	M40	44:50.5	
12	120	Mark	West	M40	48:20.2	

13	122	Ali Reza	Zavosh	M40	48:42.7	
14	131	Greg	Burnham	M40	49:18.9	Mount Unpleasants
15	149	Robert	Solmes	M40	51:18.8	
16	159	Antonio	Cerullo	M40	52:59.8	Semiahmoo
1	17	Gordon	Christie	M45	37:29.1	Prairie Inn Harriers
2	18	Mike	Moon	M45	37:43.3	Roads + Runners
3	42	Matt	Sessions	M45	39:39.4	Phoenix
4	47	Chris	Erickson	M45	40:09.6	LGRR
5	48	Teresa	Nightingale	M45	40:18.3	Sunshine Coast
6	66	Chris	Boulton	M45	42:29.8	Semiahmoo
7	91	Murray	Fisher	M45	45:22.2	Semiahmoo
8	103	Norman	Lum	M45	46:23.7	
9	111	Jon	Smith	M45	47:01.7	
10	132	Clint	Burnham	M45	49:19.2	Mount Unpleasants
11	139	Charles	Mackey	M45	50:12.8	VFAC
12	157	Khan	Ryu	M45	52:43.4	
1	25	Gary	Duncan	M50	38:26.7	Prairie Inn Harriers
2	37	Guy	Smith	M50	39:11.3	VFAC
3	38	Bob	Wade	M50	39:14.1	VFAC
4	45	Rob	Lang	M50	39:54.1	LGRR
5	53	Rob	Fransen	M50	41:04.8	
6	73	Raffi	Antepyan	M50	43:10.3	
7	74	Gary	Stevens	M50	43:14.5	LGRR
8	113	Gordon	Flett	M50	47:04.6	
9	169	Samson	Gonzales	M50	55:13.4	
10	175	Nigel	Barrett	M50	56:52.6	Semiahmoo
11	192	Ian	Jenkins	M50	62:45	
1	57	Roger	Handling	M55	41:43.1	Sunshine Coast
2	62	Reidar	Zapf-Gilje	M55	42:06.2	Hershey
3	86	Andre	Gerard	M55	44:44.8	LGRR
4	104	John	Neels	M55	46:29.9	Pacific Road Runs
5	114	Robert	Riddell	M55	47:15.4	Kajaks
6	118	Ingo	Jackish	M55	48:10.3	LGRR
7	130	Alan	Benson	M55	49:17.9	Semiahmoo
8	135	Walter	Anderson	M55	49:33.2	Semiahmoo
9	141	Mark	Hyder	M55	50:25.8	LGRR
10	151	Wayne	MacDougall	M55	51:58.5	
11	160	Pat	Cheung	M55	53:43.4	
12	164	Philip	Duquesnay	M55	54:53.6	

13	188	Gerald	Joe	M55	61:44	
1	64	David	Hoskins	M60	42:18.1	Prairie Inn Harriers
2	94	Paul	Wood	M60	45:31.3	Semiahmoo
3	96	Robert	Haines	M60	45:41.3	LGRR
4	110	Mike	O'Grady	M60	46:57.4	Semiahmoo
5	127	Ken	Grunenberg	M60	49:09.3	
6	158	Fred	Pawluk	M60	52:52.4	Kajaks
7	167	Bob	Gardner	M60	55:05.5	LGRR
8	171	Jonathan	Fleming	M60	55:36.8	
9	189	Steven	Hart	M60	61:52	
10	199	Don	Blacklock	M60	66:04	
1	133	Jake	Madderom	M65	49:26.9	Kajaks
2	134	JJ	Schmidt	M65	49:28.7	Kajaks
3	191	Kit	Slade	M65	62:00	Phoenix
1	71	Herb	Phillips	M70	42:53.8	Prairie Inn Harriers
2	177	Garfield	Saunders	M70	57:19.8	Prairie Inn Harriers
3	179	William Al	George	M70	57:52.7	
4	183	John	Taylor	M70	58:23.3	Phoenix
5	190	Vic	Suddaby	M70	61:59	Phoenix
6	206	Rob	Daniel	M70	71:05	
1	166	Roger	Roufousse	M75	55:03.3	Semiahmoo

27th Annual Gunner Shaw 2010 5Km Results by Age Division

Div	Race	Name		Div	Time	Team
1	28	Spencer	West	M9	30:30.3	
1	24	Jamie	Fajber	M10-11	28:40.1	Phoenix
1	21	Tristan	West	M12-13	27:22.5	
1	5	Tanya	Homeniuk	F14-15	20:19.5	
2	20	Nicole	Motion	F14-15	26:43.5	

3	23	Zoe	Fajber	F14-15	28:39.1	Phoenix
1	2	Nathan	Ferguson	M14-15	18:03.4	Phoenix
2	3	Kyle	Smith	M14-15	18:45.7	Phoenix
1	9	Gabby	Napoleone	F16-17	21:27.2	
2	15	Jessica	Marquis	F16-17	24:24.9	
3	16	Ariana	Vaisey	F16-17	24:31.4	Phoenix
4	17	Saskia	Vaisey	F16-17	24:31.4	Phoenix
5	18	Clare	Chiu	F16-17	25:06.0	Phoenix
6	25	Katie	Fajber	F16-17	28:41.7	Phoenix
7	1	Marcus	Ribi	M16-17	17:52.9	LGRR
1	8	Emily	Weekes	F18-19	20:57.9	Douglas College
1	7	Matt	Battocchio	M18-19	20:57.8	Douglas College
2	13	Joey	Gargaro	M18-19	22:57.0	Phoenix
1	6	Kristyn	Webster	F20+	20:37.5	LGRR
2	10	Megan	Fretter	F20+	21:44.9	Douglas College
3	11	Elena	Kinakia	F20+	22:29.6	Douglas College
4	12	Rebecca	Innis	F20+	22:52.8	Douglas College
5	22	Jacqui	Golsby	F20+	27:33.0	Mount Unpleasants
6	29	Carrie	Graham	F20+	31:23.5	Phoenix
7	4	Sergly	Patoka	M20+	20:15.6	
1	14	Michael	Zip	M20+	23:18.5	
2	27	Robert	Rwebangira	M20+	30:22.4	
3	30	Michelle	Ziebart	M20+	40:42.7	
4	19	Willi	Ribi	M20+	25:28.0	LGRR
5	26	Hans	Fenz	M20+	29:27.2	LGRR